

# Medical Checkup SOPHIA

## Course

Isi item pemeriksaan		Quick Course	Classic Course	Men's Course	Ladies' Course	
Pemeriksaan fisik, Pemeriksaan fisik	Konsultasi, Auskultasi, Tinggi badan, berat badan, penglihatan, lingkar perut, tekanan darah, BMI, Tekanan intraokular, Pendengaran (1000Hz, 4000Hz)	●	●	●	●	
Urinalisis	General test	●	●	●	●	
	Sedimen		●	●	●	
Funduskopi	Fotografi fundus		●	●	●	
Otak	MRI kepala, MRA kepala dan leher, USG pembuluh darah leher					
Sistem pernapasan	Rontgen dada	●	●	●	●	
	tes fungsi paru (kapasitas vital, % kapasitas vital, kapasitas vital paksa, volume dalam 1 detik, % volume dalam 1 detik, laju dalam 1 detik)		●	●	●	
	Tes kanker paru-paru (CT dada dosis rendah)			●	●	
Sistem peredaran darah	Elektrokardiogram istirahat		●	●	●	
	Ekokardiogram, CT jantung, NT-ProBNP (tes darah)					
Sistem pencernaan	Endoskopi lambung (gastroskopi), Tes pepsinogen, Tes Helicobacter pylori (tes darah), Darah samar tinja (metode 2 hari)			●	●	
T e s  d a r a h	Tes jumlah sel darah	Jumlah sel darah merah, hemoglobin, hematokrit, jumlah sel darah putih, jumlah trombosit, MCV, MCH, MCHC, golongan darah (tipe ABO, tipe Rh) *Pertama kali saja	●	●	●	●
		Citra darah (klasifikasi sel darah putih)			●	●
	Tes biokimia	AST, ALT, $\gamma$ GTP, ALP, BUN/Cre/eGFR, T-Chol, TG, LDL/HDL-Chol, glukosa darah (puasa), HbA1c	●	●	●	●
		UA, TP, Alb, Ratio A/G, T-Bil/D-Bil, ChE, AMY, Na/K/Cl/Ca/Fe, CRP			●	●
Radang, infeksi	Hepatitis B (antigen HBs), Hepatitis C (antibodi HCV), Arthritis reumatoid (RF), Sifilis (RPR/TPHA)			●	●	
USG perut	USG perut (hati, empedu, pankreas, ginjal, limpa)			●	●	
Tes kanker (wanita)	Pemeriksaan kanker payudara (USG payudara/mammografi)				●	
	Skrining kanker rahim (sitologi serviks/USG transvaginal)				●	

"Setiap course dilengkapi dengan interpreter dalam bahasa Indonesia dan terjemahan dari laporan hasil.

Quick & Classic course dilengkapi dengan Express Pass (Prioritas).

Men's & Ladies's Course dilengkapi dengan express pass (Prioritas) + petugas VIP. "

✘ Jika Anda tidak memerlukan tes kanker wanita untuk Ladies' Course, harap beri tahu kami pada saat reservasi. Kami akan menyesuaikan harganya.

[2024.1.30-31 Limited time deal ]

# Medical Checkup SOPHIA

**Option**

Nama Pemeriksaan		Isi pemeriksaan	
Tes Kanker	Kolonoskopi	Kolonoskopi	
	PET-CT scan	PET-CT scan	
	DWIBS scan	DWIBS scan	
	CT SET dada/perut/jantung	CT dosis rendah dada, perut, dan jantung dosis rendah	
	Ladies' SET	Tes Kanker rahim	Sitologi serviks/USG transvaginal
		Pemeriksaan rahim detail	MRI panggul
		Tes Kanker Payudara MRI Tanpa Rasa Sakit	USG payudara/MRI payudara · Pemeriksaan medis
		Tes kanker payudara	Mamografi/USG payudara · Pemeriksaan medis
	Men's SET	PSA (tes darah)/USG prostat	
	Pancreas's SET	MR cholangiopancreatography (MRCP), endoskopi ultrasonografi (EUS), SPAN-1/DUPAN-2 (tes darah)	
Marker Tumor	Basic SET	CEA · AFP · CA19-9 · CYFRA · Pro-GRP	
	Option	CA125 · CA15-3	
Iseikai CGED ~Cancer Genome Test~		Tes kanker Genome (tes darah)	
Tes penyakit modern	Cardiovascular's SET	Ekokardiogram/CT jantung/NT-ProBNP (tes darah)	
	Stroke's SET	MRI kepala, MRA kepala dan leher, USG pembuluh darah leher	
	Tes risiko infark miokard/infark serebral	LOX-index	
	Metabolic's SET	CT perut/insulin/resistensi insulin (tes darah)/tes ABI/PWV/USG pembuluh darah leher	
	Pemeriksaan tulang	Tes kepadatan tulang	
	Thyroid's SET	USG tiroid, TSH/FT3/FT4, antibodi anti-TPO (tes darah)	
	Tes alergi	Tes alergi (tes darah)	
	Tes virus hepatitis	Hepatitis B (antigen HBs), hepatitis C (antibodi HCV)	
	Selisih dari Quick → Classic	Tes sedimen urine	Tes sedimen urine
		Funduskopi	Pemeriksaan kamera fundus (dibaca oleh dokter mata)
		Tes fungsi paru	kapasitas vital, % kapasitas vital, kapasitas vital paksa, volume dalam 1 detik, % volume dalam 1 detik, laju dalam 1 detik
		Elektrokardiogram istirahat	Elektrokardiogram istirahat (Double check oleh dokter)
	Selisih dari Classic → Men's	Tes kanker paru-paru	CT dada dosis rendah
		Sistem pencernaan	Endoskopi lambung (gastroskopi), Tes pepsinogen, Tes Helicobacter pylori (tes darah), Darah samar tinja (metode 2 hari)
		Tes darah (selisih)	Citra darah (klasifikasi sel darah putih), UA, TP, Alb, Ratio A/G, T-Bil/D-Bil, ChE, AMY, Na/K/Cl/Ca/Fe, CRP, Hepatitis B (antigen HBs), Hepatitis C (antibodi HCV), Arthritis reumatoid (RF), Sifilis (RPR/TPHA)
		USG perut	USG perut (hati, empedu, pankreas, ginjal, limpa)
	Gastro/Colonoscopy SET		Gastro/Colonoscopy Set (Persiapan sebelum endoscopy dan setelah endoscopy akan dilakukan di executive's room)
	VIP attendant		Pada hari H, VIP attendant akan ikut serta.

Harap diingat bahwa tes opsional tidak dapat diambil sendiri. (Namun, tes PET-CT dan DWIBS tidak termasuk) Jika Anda ingin menerima tes opsional secara terpisah dan tidak dalam bentuk set, silakan bertanya kepada kami.

Jika Anda ingin menambahkan Cancer Genome Dock ke Quick Course atau Classic course, Anda perlu menambahkan tes pencitraan terpisah (USG perut, CT dosis rendah dada, Men's set atau ladies's set

## Pattern A

One night plan x Minimal number of test Course

### Classic course + Cardiovascular Checkup

Hari ke 1	Hari ke 2
<ul style="list-style-type: none"> <li>17:00 ● Tiba di RS, Executive's Room Relaxation massage</li> <li>18:00 ● Dinner (Healthy Long Life Bentou)</li> <li>22:00 ● Istirahat</li> </ul>	<ul style="list-style-type: none"> <li>9:30 ● Classic Course Cardiovascular's SET</li> <li>13:00 ● Penjelasan Hasil Tes Hari H Pulang</li> </ul>

## Pattern B

PET-CT Scan Set Course

### Mens's/Ladies' Course+PET-CT

Hari ke 1	Hari ke 2
<ul style="list-style-type: none"> <li>13:00 ● Tiba di RS</li> <li>14:20 ● PET-CT scan Executive's Room</li> <li>18:00 ● Dinner (Healthy Long Life Bentou)</li> <li>19:00 ● Relaxation massage</li> </ul>	<ul style="list-style-type: none"> <li>9:00 ● Men's Course</li> <li>13:30 ● Penjelasan Hasil Tes Hari H Pulang</li> </ul>

## Pattern C

Imaging and Endoscopic set Course

### Classic Course + Gastro/Colonoscopy SET + Chest, Stomach, Heart CT Set + USG perut

Hari ke 1	Hari ke 2
<ul style="list-style-type: none"> <li>9:00 ● Tiba di RS, Executive's Room Persiapan Colonoscopy</li> <li>13:00 ● Gastroscopy (Obat bius/penenang) Colonoscopy (Obat bius/penenang)</li> <li>18:00 ● Dinner (Healthy Long Life Bentou)</li> <li>22:00 ● Istirahat</li> </ul>	<ul style="list-style-type: none"> <li>9:00 ● Classic Course</li> <li>10:00 ● CT</li> <li>13:00 ● Penjelasan Hasil Tes Hari H Pulang</li> </ul>

## Pattern D

Well balanced General Course (men)

### Mens's Course + Colonoscopy + Men's SET + Marker Tumor + Stroke's SET

#### Hari ke 1

- 9:00 ● Tiba di RS,  
Executive's Room  
Persiapan Colonoscopy
- 13:00 ● **Gastroscopy**  
(Obat bius/penenang)  
**Colonoscopy**  
(Obat bius/penenang)
- 17:00 ● **Dinner**  
(Healthy Long Life Bentou)
- 18:00 ● **Relaxation massage**

#### Hari ke 2

- 9:30 ● Men's Course
- 13:00 ● Penjelasan Hasil Tes Hari H  
Pulang

## Pattern D'

Well balanced General Course (ladies)

### Ladies' Course + Colonoscopy + MRI Payudara + Marker Tumor + Stroke's SET

#### Hari ke 1

- 9:00 ● Tiba di RS,  
Executive's Room  
Persiapan Colonoscopy
- 13:00 ● **Gastroscopy**  
(Obat bius/penenang)  
**Colonoscopy**  
(Obat bius/penenang)
- 17:00 ● **Dinner**  
(Healthy Long Life Bentou)
- 18:00 ● **Relaxation massage**

#### Hari ke 2

- 8:30 ● Ladies' Course
- 13:30 ● Penjelasan Hasil Tes Hari H  
Pulang

## Pattern E

Lifestyle Disease Checkup Course

### Classic course + Gastroscopy + Tes darah + USG perut + Cardiovascular's set + Stroke's set + Metabolic's Set + Tes kepadatan tulang + Thyroid's set + Allergy test

#### Hari ke 1

- 13:00 ● Tiba di RS  
Pengambilan darah dll.
- 17:00 ● **Dinner**  
(Healthy Long Life Bentou)
- 18:00 ● **Relaxation massage**

#### Hari ke 2

- 9:00 ● CT Scan
- 10:00 ● **Gastroscopy**  
(Obat bius/penenang)
- 11:30 ● Penjelasan Hasil Tes Hari H  
Pulang

## Pattern F

Detailed Cancer Check Up Course (men)

### Mens's Course + Colonoscopy + Men's SET + Marker Tumor + DWIBS

#### Hari ke 1

- 9:00 ● Tiba di RS,  
Executive's Room  
Persiapan Colonoscopy
- 13:00 ● **Gastroscopy**  
(Obat bius/penenang)  
**Colonoscopy**  
(Obat bius/penenang)
- 17:00 ● **Dinner**  
(Healthy Long Life Bentou)
- 18:00 ● **Relaxation massage**

#### Hari ke 2

- 9:00 ● Men's Course
- 11:00 ● Penjelasan Hasil Tes Hari H  
Lunch in Sakura Teracce
- 13:00 ● DWIBS scan  
Pulang

## Pattern F'

Detailed Cancer Check Up Course (ladies)

### Ladies' Course + Colonoscopy + MRI Payudara + Marker Tumor + DWIBS

#### Hari ke 1

- 9:00 ● Tiba di RS,  
Executive's Room  
Persiapan Colonoscopy
- 13:00 ● **Gastroscopy**  
(Obat bius/penenang)  
**Colonoscopy**  
(Obat bius/penenang)
- 17:00 ● **Dinner**  
(Healthy Long Life Bentou)
- 18:00 ● **Relaxation massage**

#### Hari ke 2

- 8:30 ● Ladies' Course
- 11:30 ● Penjelasan Hasil Tes Hari H  
Lunch in Sakura Teracce
- 13:30 ● DWIBS scan, MRI Payudara  
Pulang

## Pattern Z

Only available in our hospital, Ultimate Course!

### Mens's/Ladies's Premium Course + Pancreas Set + Colonoscopy + DWIBS + Iseikai CGED (Cancer Genome Checkup)

#### Hari ke 1

- 9:00 ● Tiba di RS,  
Executive's Room  
Persiapan Colonoscopy
- 13:00 ● **Gastroscopy**  
(Obat bius/penenang) +  
**Ultrasonografi endoskopi**  
(pankreas)  
**Colonoscopy**  
(Obat bius/penenang)
- 17:00 ● **Dinner**  
(Healthy Long Life Bentou)
- 18:00 ● **Relaxation massage**

#### Hari ke 2

- 8:30 ● Mens's/Ladies's  
Premium Course  
Iseikai CGED
- 13:00 ● Penjelasan Hasil Tes Hari H  
Lunch in Sakura Teracce
- 14:00 ● DWIBS scan  
Pulang

## Derмага siang hari

### Pattern A

Gastrocopy Half-day Course

Quick Course + CT dada dosis rendah +Gastroscopy + EKG

#### jadwal

- 9:00 ● Tiba RS, Reception, Test mulai
- 11:00 ● Gastroscopy (Obat bius/penenang)
- 12:30 ● Penjelasan hasil tes Hari H
- 13:00 ● Lunch (Healthy Long Life Bentou)
- Pulang

### Pattern B

No wait time! Speedy Efficient Course

Quick Course + Chest, Stomach, Heart CT Set + VIP attendant

#### jadwal

- 8:00 ● Tiba RS, Reception, Test mulai
- 11:30 ● Penjelasan hasil tes Hari H (dapat dipersingkat)
- Lunch (Healthy Long Life Bentou)
- Pulang

### Pattern C

Gastrointestinal Specific Course

Quick Course + USG Perut + Tes Darah + Gastro/Colonoscopy Set

#### jadwal

- 8:00 ● Tiba RS, Reception, Test mulai
- 9:30 ● Executive's room → Persiapan Colonoscopy
- 13:00 ● Gastroscopy (Obat bius/penenang)  
Colonoscopy (Obat bius/penenang)
- 16:00 ● Dinner (Healthy Long Life Bentou)
- Pulang

## Derмага siang hari

### Pattern D

Well Balanced Imaging Set Course

#### Men's Course+Stroke's SET+Perut · CT Jantung

##### jadwal

- 8:00 ● Tiba RS, Reception, Test mulai
- 9:30 ● MRI, CT Scan
- 11:00 ● Gastroscopy (Obat bius/penenang)
- 13:00 ● Penjelasan hasil tes Hari H  
Lunch (Healthy Long Life Bentou)  
Pulang

### Pattern E

Low radiation Course (Ladies)

#### Ladies' Course+Thyroid's set+Tumor marker+MRI Payudara+Stroke's SET

##### jadwal

- 8:30 ● Tiba RS, Reception, Test mulai
- 11:00 ● Gastroscopy (Obat bius/penenang)
- 13:00 ● Penjelasan hasil tes Hari H  
Lunch (Healthy Long Life Bentou) Executive room
- 14:00 ● MRI  
Pulang

### Pattern F

Detailed Cancer Check Up Course (Men)PT/CT

#### Classic Course+USG Perut+Mens's Set+Gastroscopy+Tumor marker+PET-CT Scan

##### jadwal

- 8:30 ● Tiba RS, Reception, Test mulai
- 11:00 ● Gastroscopy (Obat bius/penenang)
- 12:30 ● Penjelasan hasil tes Hari H
- 14:20 ● PET-CT scan
- 17:30 ● Dinner (Healthy Long Life Bentou) Executive room  
Pulang

# Derмага siang hari

## Pattern Z

Only available in our hospital, Ultimate Course!

### Mens's/Ladies' Premium Course + Pancreas Set + Colonoscopy + DWIBS + Iseikai CGED (Cancer Genome Checkup)

#### Hari ke 1

- 9:00 ● Tiba RS, Reception  
Executive's Room  
Persiapan Colonoscopy
- 13:00 ● Gastroscopy (Obat bius/penenang)  
Ultrasonografi endoskopi (pankreas)  
Colonoscopy (Obat bius/penenang)
- 18:00 ● Dinner (Healthy Long Life Bentou)  
Pulang

#### Hari ke 2

- 8:30 ● Premium Course  
Iseikai CGED
- 13:00 ● Penjelasan hasil tes Hari H  
Lunch (Healthy Long Life Bentou)
- 14:00 ● DWIBS scan
- 15:00 ● Pulang

## Pattern G

General Course (ladies)

### Ladies' Course + Thyroid's set + Tumor marker + MRI Payudara + Stroke's SET

#### For men

Men's Course + Thyroid's set + Tumor marker +  
Metabolic's SET + Cardiovascular's SET + Stroke's SET

#### jadwal

- 8:00 ● Tiba RS, Reception, Test mulai
- 10:00 ● MRI
- 11:00 ● Gastroscopy (Obat bius/penenang)
- 13:30 ● Penjelasan hasil tes Hari H  
Lunch (Healthy Long Life Bentou) Executive room  
Pulang

## Pattern F'

Detailed Cancer Check Up Course (Men) DWIBS

### Classic Course + USG Perut + Mens's Set + Gastroscopy + Tumor marker + DWIBS

#### jadwal

- 8:30 ● Tiba RS, Reception, Test mulai
- 11:00 ● Gastroscopy (Obat bius/penenang)
- 13:00 ● Penjelasan hasil tes Hari H  
Lunch (Healthy Long Life Bentou) Executive room
- 14:00 ● DWIBS scan, CT scan (dosis rendah)
- 15:00 ● Pulang